

Featured Speaker

NANCY L. KRISEMAN

Author of

The Mindful Caregiver

"Finding Ease in the Caregiving Journey"



Nancy Kriseman, LCSW is a Geriatric Social Worker, in private practice with more than 30 years of experience working in eldercare. She provides counseling, consultation and training for family caregivers, elders, and organizations working in dementia care and aging. She also was a caregiver to her mother, who lived with Alzheimer's disease for 17 years. Nancy has numerous publications on aging and her first book, *The Caring Spirit Approach to Eldercare*, won two national book awards. *The Mindful Caregiver* is her most recent publication.

Facebook.com/The MindfulCaregiver

Twitter: @GeriatricMSW

Phone: 912-202-2770
Fax: 912-367-3640
E-Mail: kathybkeith@netzero.net
Toll Free #: 1-888-367-9913

Kathy B. Keith
Conference Consultant
560 Oran Way
Jesup, GA 31545

2014 Regional Caregiver Conference
Oconee Fall Line Technical College
560 Pinehill Road
Dublin, Georgia 31021
November 19, 2014—10:00 am-3:00 pm

**"Mind, Body,
and Soul"**

**Family &
Professional
Caregiver Conference**

Sponsored by:

Heart of Georgia Altamaha CARE-NET
The Rosalynn Carter Institute
Alzheimer's Association—GA Chapter



Heart of Georgia Altamaha
Regional Commission

Heart of Georgia Altamaha
Area Agency on Aging

*Excellent Speakers, Exhibitors, Door Prizes,
Lunch and Entertainment...Don't miss it!!*

Conference Workshops

- I. "The Mindful Caregiver"
- II. "Living with Alzheimer's—Lessons from People with Early Stage Dementia"
- III. "Living Well with Dementia—Georgia Initiatives"
- IV. "Brain Health as you Age: You Can Make a Difference"

Presenters Include:

Gail H. Thompson, BS, Director, HOGA AAA

Elaine Larkin, The Rosalynn Carter Institute for Caregiving

Nancy Kriseman, LCSW, Geriatric Consulting Inc.

Ginny Helms, MS, Vice President of Chapter Services & Public Policy, Alzheimer's Association, Georgia Chapter

Cliff Burt, MPA, Caregiving Specialist, Georgia Department of Human Services, Division of Aging Services

Kathy Keith, MS, Consultant, GCOA, Chair

Jennifer Crosby, BS, HOGA AAA Health & Wellness

Caring for an elder family member?

Are you a caregiver for your spouse?

Struggling with your own self-care?

—Nancy L. Kriseman



Ginny Helms,
Alzheimer's Association

Conference Highlights

- Workshops Taught by Outstanding Professionals in the Field
- Valuable Resources from Exhibitors
- Many Door Prizes and Promotional Items
- Excellent Lunch Included in Registration
- Entertainment for the "Soul" provided by Alex Clements
- Opportunities for Training in Evidence Based Programs After the Conference.



Mary Frances Duren
RCI State Volunteer
Caregiver of the Year

If you would like to be an **exhibitor** at the Conference, please contact Kathy Keith
Phone: (912) 202-2770
E-mail: kathybkeith@netzero.net

Conference Registration Form

(Required for each person. Make copies if needed.)

Name: _____

Company: _____

Address: _____

City, State, Zip: _____

E-Mail Address: _____

Make checks payable to:

HOGA AAA CARE-NET

Conference Registration: (Mark "X")

_____ \$20.00—Professional Caregiver

_____ \$15.00—Family Caregivers/Student

(Lunch is included in registration.)

Detach and mail completed registration form with check to Kathy Keith at the following address OR scan and e-mail registration form to reserve your spot and mail check prior to Conference:

Kathy B. Keith, Consultant
560 Oran Way
Jesup, GA 31545

E-Mail: kathybkeith@netzero.net
Phone: 912-202-2770
Fax: 912-367-3640